

4th International Conference on

# TRADITIONAL & ALTERNATIVE MEDICINE



**20-21**

JULY 2026



*Tokyo, Japan*



## Keynote Speakers



**Vikram Chauhan**  
(MD-Ayurveda)  
CEO & Founder of Planet  
Ayurveda, India



**Zhenhuan LIU**  
Guangzhou University of  
Chinese Medicine,  
China



**Sanand Ratnam**  
**Thekkayil**  
MD(Ayurveda) Chief Medical  
Officer, India



**Lorna Kwai Ping Suen**  
Tung Wah College,  
Hong Kong

## Register Now

**Venue:** Hilton Tokyo Hotel

6-6-2 Nishi-Shinjuku, Shinjuku-ku, 160-0023, Tokyo, Japan

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## Keynote Presentations

<b>Vikram Chauhan</b> CEO & Founder of Planet Ayurveda, India	<b>Title:</b> ITP – A Rare Disease Curable With Ayurveda
<b>Lorna Kwai Ping Suen</b> Tung Wah College, Hong Kong	<b>Title:</b> Auricular acupressure with smartphone support for weight reduction in patients with metabolic syndrome: A randomised pilot study
<b>Zhen-huan LIU</b> Guangzhou University Chinese Medicine, China	<b>Title:</b> Music therapy combined with acupuncture therapy for children with autism spectrum disorder
<b>Sanand Ratnam Thekkayil</b> Sree Subramania Ayurvedic Nursing Home, India	<b>Title:</b> Regional Wall Motion Improvement Documented by Serial Echocardiography after Ayurvedic Care

### Keynote Presentation Slots are Available...

## Oral Presentations

<b>Matteo Bernardotto</b> University College London Hospitals NHS Trust, United Kingdom	<b>Title:</b> High-dose Omega-3 in the management of chronic low back pain an observational study
<b>Farah Ganjei Gron</b> New Life Homeopathy, Inc, USA	<b>Title:</b> The Misunderstood children and adults with autism and how to help them with a multi-modality holistic approach
<b>David Hastings</b> Jade Dragon Qigong, Canada	<b>Title:</b> The Living Current Integrating Daoist Theory, Chinese Medicine, and Modern Physiology
<b>Anna Maria Guz</b> Endeavour Collage of Natural Health, Australia	<b>Title:</b> Autism as a Gift Bridging Worlds with Integrative Approaches to Autism Through Natural Medicine and Emerging Therapies for a Positive Future
<b>KJ Lavan</b> Founder, Brain Matrix Alliance, UAE	<b>Title:</b> The Longevity Brain Economy Reframing Sustainable Health Through Cognitive Vitality, Prevention, and Community Care

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<b>Sunita Teckchand</b> Holistic Alternatives, Dubai, United Arab Emirates	<b>Title:</b> Natures Pharmacy and Lymphoedema - Case studies on how essential oils help
<b>Bernd Blobel</b> Medical Faculty, Regensburg, Germany	<b>Title:</b> Enabling Knowledge-Driven Communication and Cooperation in Transformed, Intelligent and Ethical Health Ecosystems
<b>Alpha Grace</b> Naturopathie Africaine, Switzerland	<b>Title:</b> African Naturopathic Medicine Ancestral Wealth for Sustainable Global Health
<b>Tsuyoshi Kitanishi</b> Kitanishi ENT Clinic, Japan	<b>Title:</b> Ayurveda in Japan Current Landscape and Future Directions for Integrative Medicine
<b>Chiao-Wei Lin</b> Kyoto Tang Clinic, Taiwan	<b>Title:</b> Postpartum Metabolic Health in East Asian Women Cultural Psychology, Nutritional Traditions and the Traditional Chinese Medicine Framework for Restoration
<b>Peter Wu</b> Baoliang Enterprises Co.,Ltd, Taiwan	<b>Title:</b> AMAMOXIA Eyesight Moxibustion
<b>Victoria Fernandez</b> Zenu Town-Colombia MTZ Spain	<b>Title:</b> Ancestral Medicine in Modern Times The living wisdom of there Zenù people and its Physical-Spiritual Healing Sistem
<b>Jigme Singye</b> Masters in Traditional Medicine Gidakom Hospital, Bhutan	<b>Title:</b> The Art of Healing Through Golden Needle Therapy An Indigenous Knowledge Rooted in Bhutanese Traditional Medicine
<b>Praveen Deepak</b> Professor of Zoology at Magadh University, India	<b>Title:</b> Targeting STAT3 Signalling in Rheumatoid Arthritis Computational Evidence for Epigallocatechin as a Natural Modulator
<b>Mukundkumar V. Patel</b> Gujarat University, India	<b>Title:</b> Impact of Therapeutic Drug Monitoring of Rifampicin and Isoniazid on Treatment Outcomes in Pulmonary Tuberculosis: A Case– Control Study

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<b>Aratrika Bhadra</b> Christ University School of Sciences, India	<b>Title:</b> Quantitative Ethnobotanical Indices as Tools for Assessing the Cultural Importance of Medicinal Plants Used in Traditional Healthcare Systems
<b>Ramachandran Muthiah</b> Morning star hospital, India	<b>Title:</b> Terahertz Science and Technology in brain sciences
<b>Shivam Bijalwan</b> Gramin Mahila Swasthya Chetna Evam Swarojgar Vikas Samiti, India	<b>Title:</b> Medicinal Plants of India: Bridging Traditional Healing and Contemporary Therapeutics
<b>Subhas Chandra Datta</b> D.N. Das High School, India	<b>Title:</b> Green Chutney Biomedicine Improves Health by Reducing Obesity and Constipation for Wellbeing
<b>Pargat Singh</b> Chitkara College of Pharmacy, India	<b>Title:</b> Oregano-Derived Phytoconstituents with Potential Antidepressant Mechanisms An Overview
<b>M P Suresh</b> Freelance Consultant in Spice Area Kerala, India	<b>Title:</b> Bioactives And Derivatives Of Select Indian Spices From Wellness To Modern Lives - Emerging Scenario
<b>Thuy Nguyen Minh</b> Vietnamese Acupuncture Association, Vietnam	<b>Title:</b> Modernized and scientificized the Traditional Eastern Medicine (TEM)
<b>Azza Hafiz EL-Medany</b> Faculty of Medicine, Alexandria University, Egypt	<b>Title:</b> What is the possible therapeutic effect of ginkgo biloba on gastric ulcer induced by ammonia in albino rats
<b>Fauziah Abu Bakar</b> Universiti Putra, Malaysia	<b>Title:</b> From Forest Wisdom to Modern Medicine Traditional Medicinal Knowledge from Borneo
<b>Ibrahim Babalola</b> Yobe State University, Nigeria	<b>Title:</b> In Silico Analysis of Two Isomeric Glycolipids Isolated From Sterculia Setigera Leaves and its Seven Derivatives As Novel Lead Compounds Against Mycobacterium Tuberculosis Target

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**Yakubu Maigida Kachako**  
Kimec College for Traditional Medicine,  
Nigeria

**Title:** Ethnomedicinal Applications Of Allium Sativum In Uterine Health An Empirical Study Of Hausa Traditional Gynecological Practices

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**Oral Presentation Slots are Available...**

## Poster Presentation

**Maznieda Mahjom**  
Institut Kesihatan Umum (IKU), Institut  
Kesihatan Negara (NIH), KKM, Malaysia

**Title:** Systemic Lupus Erythematosus (Sle) - Digital Vasculitis Integrating Allopathic and Complementary Medicine A Case Report

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**Narendra Lamichhane**  
Blue lotus Hospital, Nepal

**Title:** Effectiveness comparisons of acupoint stimulation therapies for irritable bowel syndrome: A Bayesian network meta-analysis

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**Poster Presentation Slots are Available...**