

4th International Conference on

# TRADITIONAL & ALTERNATIVE MEDICINE



**20-21**

JULY 2026



*Tokyo, Japan*



## Keynote Speakers



**Vikram Chauhan**  
(MD-Ayurveda)  
CEO & Founder of Planet  
Ayurveda, India



**Zhenhuan LIU**  
Guangzhou University of  
Chinese Medicine,  
China



**Anna Maria Guz**  
Endeavour Collage of Natural  
Health, Australia



**Chiao-Wei Lin**  
Kyoto Tang Clinic, Taiwan

## Register Now

**Venue:** Hilton Tokyo Hotel

6-6-2 Nishi-Shinjuku, Shinjuku-ku, 160-0023, Tokyo, Japan

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## Keynote Presentations

<b>Vikram Chauhan</b> CEO & Founder of Planet Ayurveda, India	<b>Title:</b> ITP - A Rare Disease Curable With Ayurveda
<b>Zhen-huan LIU</b> Guangzhou University Chinese Medicine, China	<b>Title:</b> Music therapy combined with acupuncture therapy for children with autism spectrum disorder

## Keynote Presentation Slots are Available...

## Oral Presentations

<b>Matteo Bernardotto</b> University College London Hospitals NHS Trust, United Kingdom	<b>Title:</b> High-dose Omega-3 in the management of chronic low back pain an observational study
<b>David Hastings</b> Jade Dragon Qigong, Canada	<b>Title:</b> The Living Current Integrating Daoist Theory, Chinese Medicine, and Modern Physiology
<b>Anna Maria Guz</b> Endeavour Collage of Natural Health, Australia	<b>Title:</b> Autism as a Gift Bridging Worlds with Integrative Approaches to Autism Through Natural Medicine and Emerging Therapies for a Positive Future
<b>KJ Lavan</b> Founder, Brain Matrix Alliance, UAE	<b>Title:</b> The Longevity Brain Economy Reframing Sustainable Health Through Cognitive Vitality, Prevention, and Community Care
<b>Sunita Teckchand</b> Holistic Alternatives, Dubai, United Arab Emirates	<b>Title:</b> Natures Pharmacy and Lymphoedema - Case studies on how essential oils help
<b>Alpha Grace</b> Naturopathie Africaine, Switzerland	<b>Title:</b> African Naturopathic Medicine Ancestral Wealth for Sustainable Global Health
<b>Tsuyoshi Kitanishi</b> Kitanishi ENT Clinic, Japan	<b>Title:</b> Ayurveda in Japan Current Landscape and Future Directions for Integrative Medicine

<b>Lorna Kwai Ping Suen</b> Tung Wah College, Hong Kong	<b>Title:</b> Auricular acupressure with smartphone support for weight reduction in patients with metabolic syndrome A randomised pilot study
<b>Chiao-Wei Lin</b> Kyoto Tang Clinic, Taiwan	<b>Title:</b> Postpartum Metabolic Health in East Asian Women Cultural Psychology, Nutritional Traditions and the Traditional Chinese Medicine Framework for Restoration
<b>Peter Wu</b> Baoliang Enterprises Co.,Ltd, Taiwan	<b>Title:</b> AMAMOXIA Eyesight Moxibustion
<b>Victoria Fernandez</b> Zenu Town-Colombia MTZ Spain	<b>Title:</b> Ancestral Medicine in Modern Times The living wisdom of there Zenù people and its Physical-Spiritual Healing Sistem
<b>Jigme Singye</b> Masters in Traditional Medicine Gidakom Hospital, Bhutan	<b>Title:</b> The Art of Healing Through Golden Needle Therapy An Indigenous Knowledge Rooted in Bhutanese Traditional Medicine
<b>Praveen Deepak</b> Professor of Zoology at Magadh University, India	<b>Title:</b> Targeting STAT3 Signalling in Rheumatoid Arthritis Computational Evidence for Epigallocatechin as a Natural Modulator
<b>Aratrika Bhadra</b> Christ University School of Sciences, India	<b>Title:</b> Quantitative Ethnobotanical Indices as Tools for Assessing the Cultural Importance of Medicinal Plants Used in Traditional Healthcare Systems
<b>Ramachandran Muthiah</b> Morning star hospital, India	<b>Title:</b> Terahertz Science and Technology in brain sciences
<b>Pargat Singh</b> Chitkara College of Pharmacy, India	<b>Title:</b> Oregano-Derived Phytoconstituents with Potential Antidepressant Mechanisms An Overview
<b>M P Suresh</b> Freelance Consultant in Spice Area Kerala, India	<b>Title:</b> Bioactives And Derivatives Of Select Indian Spices From Wellness To Modern Lives - Emerging Scenario
<b>Thuy Nguyen Minh</b> Vietnamese Acupuncture Association, Vietnam	<b>Title:</b> Modernized and scientificized the Traditional Eastern Medicine (TEM)

<b>Azza Hafiz EL-Medany</b> Faculty of Medicine, Alexandria University, Egypt	<b>Title:</b> What is the possible therapeutic effect of ginkgo biloba on gastric ulcer induced by ammonia in albino rats
<b>Fauziah Abu Bakar</b> Universiti Putra, Malaysia	<b>Title:</b> From Forest Wisdom to Modern Medicine Traditional Medicinal Knowledge from Borneo
<b>Ibrahim Babalola</b> Yobe State University, Nigeria	<b>Title:</b> In Silico Analysis of Two Isomeric Glycolipids Isolated From Sterculia Setigera Leaves and its Seven Derivatives As Novel Lead Compounds Against Mycobacterium Tuberculosis Target
<b>Yakubu Maigida Kachako</b> Kimec College for Traditional Medicine, Nigeria	<b>Title:</b> Ethnomedicinal Applications Of Allium Sativum In Uterine Health An Empirical Study Of Hausa Traditional Gynecological Practices

### Oral Presentation Slots are Available...

### Poster Presentation

<b>Maznieda Mahjom</b> Institut Kesihatan Umum (IKU), Institut Kesihatan Negara (NIH), KKM, Malaysia	<b>Title:</b> Systemic Lupus Erythematosus (Sle) - Digital Vasculitis Integrating Allopathic and Complementary Medicine A Case Report
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### Poster Presentation Slots are Available...