

15th Global Summit on Physiotherapy, Physical Rehabilitation & Sports Medicine



03-04
August, 2026



eMedEd
12 CE Credit Hours



Zurich, Switzerland

Continuing Education (CE) contact hours accredited by the
California Board of Registered Nursing (CBRN)



Venue: IntercityHotel Zurich Airport Flughofstrasse 63, 8153 Ramlang, Switzerland

DAY 1

IN-PERSON

Scientific Program

AUGUST 03, 2026
ZURICH, SWITZERLAND

08:50-09:10: Registrations

09:10-09:30: Opening Ceremony

KEYNOTE PRESENTATIONS

09:00-09:30

Gary L. Lang

Dynamic Release Therapy, San Francisco,
California, USA

Title: Fascia to Function

09:30-10:00

Amrinder Singh

MYAS GNDU Department of Sports Sciences &
Medicine, Guru Nanak Dev University, India

Title: Association Of Drop Jump Leg Asymmetry
With Speed Variables Among Sports Population: An
Observational Study

10:00-10:30

Alessandro Urbani

Fonder of ALTERMEDICA Center in Rome

Title: Body Weight Distribution on Plantar Support and
Body Oscillations Using the Static Baropodometric Test and
the Posturographic Romberg Test in Children

Group Photo | Coffee Break 10:30-10:40 @Foyer

10:40-11:10

Paul K. Canavan

Eastern Connecticut State University, USA

Title: Yet to be finalized

SESSION INTRODUCTION

Session Chair: Yet to be finalized

TRACKS

Physical Therapy Science | Artificial Physiotherapy Methods | Womens Health & Palliative Care | Neurological Rehabilitation |
Physiotherapy methods and Instrumentation | Experimental techniques in Physiotherapies | Physiotherapy in Treatment & Care |
Advancement in Physiotherapy

Workshop Session

11:10-11:40

Gordana Poscic

HUPNF – Croatian PNF Association
Croatia

The CLT® Concept
(Coordinative Locomotor Training)

ORAL PRESENTATIONS

11:40-12:10

Tami J Recesso

WeGotYourBack PT, Pilates, & Wellness
Recesso Physical Therapy LLC, New Hampshire,
United States

Title: Clinical Outcome Review of the Stim Pod NMS 460 as being an Effective Treatment to Accelerate the Recovery of Urinary Stress Incontinence by Restoring Natural Nerve Function in 1-2 treatments.

12:10-12:30

Sabri Maraqa / Neuro Robotik Zentrum München

Physiotherapeut ,Germany

Title: Yet to be finalized

12:30-12:50

Jorge Rifo Polanco,

Universidad del Alba, Chillán, Chile

Title: Training the foot to train the Brain: Foot-Core and Dual-task effects on executive functions and critical thinking

Lunch Break 12:50-14:00 @Foyer

14:00-14:20

Başar Oztürk

Fenerbahçe University Faculty of Health Sciences , İstanbul, Türkiye

Title: Multidimensional Structure of Body Composition, Neuromotor Performance, and Physical Activity in Physiotherapy Students: A Principal Component Analysis

14:20-14:40

María Soledad Sandoval Zúñiga

Universidad del Alba, Chillán, Chile

Title: Criteria for periodization's application in athletes' and non-athletes' rehabilitation according to physiotherapists' practice and knowledge

14:40-15:00

Ahmad Sahely

Jazan University, Saudi Arabia

Title: Understanding the Impact of Self-Efficacy on Goal Attainment in Self-Management Physical Training After Stroke

15:00-15:20

Manisha A. Rathi

Dr. D. Y. Patil College of Physiotherapy, India

Title: Yet to be finalize

15:20-15:40

Abdelazeem Hussien

Deraya University, Minia, Egypt

Title: Effect of Artificial Intelligence-based Interventions on Pain and Functional outcomes in Patients with Low Back Pain: A Systematic Review

Group Photo | Coffee Break 15:40-15:50 @Foyer

15:50-16:10

Alex Ormazábal Astudillo

Universidad del Alba, Chillán, Chile

Title: Effect of Multicomponent Exercises on Functional Physical Abilities in Older Adults with Mild Dependency

16:10-16:30

Adham Mohamed Abdelghany ARAFA

Badr University In Cairo School of Physical Therapy, Egypt

Title: Evidence-Based Strategies for Pain Management and Prevention of Ankle Injuries in Athletes

Panel Discussion & Certificate Falcitation
Day -1 Ends

DAY 2

IN-PERSON

Scientific Program
AUGUST 04, 2026
ZURICH, SWITZERLAND

08:50-09:10: Registrations

09:10-09:30: Opening Ceremony

09:00-09:30

Manisha Rathi

Dr. D. Y. Patil College of Physiotherapy
India

Title: Yet to be finalize

09:30-10:00

Ehab Abdallah

Middle East University – Jordan

Title: Yet to be finalize

10:00-10:20

Ibrahim Mahmoud Mohamed Deyab

Hail University, Saudi Arabia

Title: Effects of a Modified Gymnastics for All Program on Functional Fitness, Body Composition, and Serum Leptin in Obese Middle-Aged Men

10:20-10:40

Amira Chirane

Physiotherapy Assistant Specialized Medical
Clinic in Functional Rehabilitation, Tizi Ouzou,
Algeria

Title: Physiotherapy Management after Total Knee Arthroplasty: A Case Study of a 58-Year-Old Patient

10:40-11:00

Sara Atef Ahmed Mohamed

College of Health Sciences Physiotherapy
Academic Department, UAE

Title: Yet to be finalize

11:00-11:20

Azeem Ullah

Physiotherapist HIMS, Peshawar, Pakistan

Title: Randomized Controlled trial to evaluate Physically Rehabilitaton & Sports Functional And fitness Exercise

11:20-11:40

SONGNE Ayatoulaye

Centre Hospitalier Universitaire de Bogodogo
(Burkina Faso)

Title: Comparison of the effectiveness of concentric, eccentric, and isometric exercises in the management of rotator cuff tendinopathy at the University Hospital Center of Bogodogo (Trial no PACTR202504702672099)

11:40-12:00

Linzette Morris

Qatar University, Qatar;University of Western Cape, Bellville, South Africa

Title: Translation, cultural adaptation and validation of the Swahili Pain Catastrophizing Scale among survivors of torture and war trauma in Kenya

12:00-12:20

Fareedah AlMohri

Department, Kuwait University, Kuwait City, Kuwait

Title: Breastfeeding-Related Musculoskeletal Pain Among Lactating Mothers in Arabic Speaking Countries: Prevalences, Associations, and Functional Impact

12:20-12:40

Jonathan Hobbs

Acupuncture Association of Chartered Physiotherapists Ltd

Title: Yet to be finalize

Lunch Break 12:40-13:40 @Foyer

13:40-14:00

Maria Muno

Kundiawa General Hospital, Papua New Guinea
Divine Word University, Province Papua New Guinea

Title: Yet to be finalize

14:00-14:20

Priyanka Rishi

Orthopaedics & Obstetrics-Gynaecology
SGT University, India

Title: Yet to be finalize

14:20-14:40

Falak Oza Patel

PhD PT, India

Title: Yet to be finalize

14:40-15:00

Deep Bhayani

Lifecare Hospitals Director operations

Title: Yet to be finalize

15:00-15:20

Rakesh Wadhwa

Sports Physiotherapist

Title: Yet to be finalize

**Panel Discussion & Certificate Felicitation
Day -2 Ends**

DAY 3

Virtual

Scientific Program

AUGUST 05, 2026

ZURICH, SWITZERLAND

08:50-09:00: AV Check

Virtual Mode Zoom Meeting
(GMT+2) Time in Zurich, Switzerland

VIRTUAL PRESENTATIONS

09:00-09:20

Dharshini Chittybabu

KMCH College of Physiotherapy, Coimbatore,
TamilNadu, India

Title: Gestational Diabetes Mellitus: Bridging The Gap
Between Prescription And Practice

09:20-09:40

Zhenhuan LIU

Guangzhou University of Chinese
Medicine CHINA

Title: Neuroimaging by Evaluation Nerverenovate and
Neuroplasticity of Acupuncturein Children with Cerebral
Palsy

09:40-10:00

Shraddha Baldania

PT, DPT Enjoy Rehab PT PC, New York, USA

Title: Exploring the Impact of Physical Therapy on Patient
Outcomes Across the Cancer Care Continuum: A Narrative
Review

10:00-10:20

Kubra Aydin

Independent Physiotherapy Researcher &
Clinician,Turkey / London – United Kingdom

Title: Early Multimodal Physiotherapy-Led Rehabilitation to
Enhance Functional Recovery and Patient Adherence

10:20-10:40

Janan Abbas

Department of Physical Therapy
Zefat Academic College, Israel

Title: Are health science undergraduates associated with
low back pain? A 2-year prospective study with machine
learning analysis

10:40-11:00

Siva Anandhi Rajalingam, School of

Physiotherapy, VELS Institute of Science
Technology and Advanced Studies

Title: Yet to be finalize

11:00-11:20

Amelia Godfrey

Founder of Pelvy App - Australia

Title: Yet to be finalize

Panel Discussion
